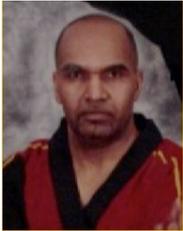




Grand Master Rocky DiRico - Winning Tournament Strategies

Grand Master Rocky DiRico will share his winning tournament strategies for forms and weapons competition. Mr. DiRico has won over 700 First place awards and has been ranked #1 more than 50 times in his decorated career in NASKA, Krane, NBL, PKL and WKC.



KYOSHI Cornel Patterson

The Situational Awareness in Self Defense

The first and probably the most important component in self-defense is Awareness of you, your surroundings and the location of any potential attacker. This system of awareness strategies and topics will help you avoid becoming a victim of most potential attackers. Being aware of what is going on around you, sends any potential attacker a clear message.

1. I'm not an easy target
2. I will be able to recognize, who relies upon their target being unaware and use this to their advantage.

Situational awareness takes the advantage away from the predator.



GURU Mike Williams - Arnis - Kali - Escrima

Morning training session - Filipino Martial Arts (Arnis - Kali - Escrima)

Afternoon training session - Indonesian Martial Arts (Pencak Silat) bring: Training knives & rattan sticks



Steve Nugent, 10th degree Black Belt

Stretching / flexibility and conditioning

He has more than forty seven years of experience in the martial arts. Nugent has won four World Championships and has achieved many notable accomplishments; including “World Champion Fighter of the Decade” by the World Martial Arts Federation. Nugent holds the title of Senior Grandmaster of the International Kenpo Council of Grandmasters. An organization passed on to him by the late Sr. GM George Pesare.



SIFU Calvin Chin - Tai Chi Paradigm

How Tai Chi Paradigm can help with age-related degeneration, both physically and mentally. The paradigm is taking an age old form of exercise and revealing how Tai Chi works. The approach is developing awareness and function through developing controlled, directed movement and heightening one's sensitivity of Kinesthesia/ movement utilizing our sensory systems and proprioception--our awareness of position in space relative to one's self. The mindfulness and consciousness of one's motions are mapped and planned to reach one's destination, the postures and the sequences -- the form.



SIFU Rick Wong - Shuai Jiao training

Sifu Wong will be teaching Shuai Jiao techniques. Shuai Jiao a very old system of Chinese martial arts which combines grappling, kicking, striking and movements that uses the attacker's energy to your advantage.



GRANDMASTER Bobby Lamattina

WINNING ATTITUDE AND HOW TO BE A CHAMPION IN LIFE

Conditioning, Fitness, Self-Defense and CHI GUNG (a holistic system of coordinated body posture and movement, breathing, and meditation used for health, spirituality, and martial arts training).



Christine Rodrigues

Learn how to fighting in front of the camera! How to sell a shot, camera angles, taking a fall or hit, what type of techniques look best on camera, etc. Even if you don't plan to pursue films, this is great to enhance your demos!



Kevin Kearns (BUSINESS) - BURN WITH KEARNS

How to cashing in on the corporate wellness market.



Master Joe Pina - Tae Kwon Do

Application & Techniques that make Tae Kwon Do a dynamic Olympic system.



Professor Rafael Gordinho Lima - Brazilian JuJitsu

Techniques and strategies from a dynamic international instructor in Brazilian Jujitsu.

Learn how a smaller person can defend himself against a larger adversary by using leverage and proper technique. How to take a fight to the ground and gain the advantage.



Mark DellaGrotte, Kru

Mark DellaGrotte, Kru will teach Muay Thai kickboxing and training. Muay Thai is a devastating fighting system. He was certified and appointed by Master Yodtong to be recognized as an international conservator of Thai style boxing.

Business Seminars



HANSHI Buzz Durkin (BUSINESS) - RETENTION –
How to keep students coming back and feeling great about it.



SHIHAN Tim Barchard (BUSINESS) - 10 Key Responsibilities
10 Key Responsibilities of a Martial Artist Entrepreneur - This is a must attend if you are looking to bring your academy to the next level.



SHIHAN Laura Barchard (BUSINESS) - Accurate Statistics
Mrs. Barchard is known as being one the best program directors in the nation. Learn the importance of keeping accurate statistics in order to grow your school. Seminar will take you through the proper items to track, industries averages, and how to use statistics to make your school and systems better and grow faster.